

Quality Matters

May 2016

Topic: Zika Virus

At a Glance – Zika in the US (as of April 27, 2016):

US States

- Travel-associated Zika virus disease cases reported: 426
- Locally acquired vector-borne cases reported: 0
- Pregnant: 36
- Sexually transmitted: 8
- Guillain-Barré syndrome: 1

US Territories

- Travel-associated cases reported: 3
- Locally acquired cases reported: 596
- Total: 599
- Pregnant: 56
- Guillain-Barré syndrome: 5

What we know:

- Some infected people will get mild symptoms (fever, rash, joint pain, or red eyes) for usually up to a week but most people won't even know they are infected.
- Zika virus disease is spread to people primarily through a bite of an infected mosquito.
- There is no vaccine for Zika
- Zika has been linked to microcephaly and other birth defects.
- Zika virus can be passed from an infected man during sex. To date, we have not seen transmission from a woman during sex. Zika virus can also be transmitted from an infected person to an uninfected mosquito.

What we don't know yet:

- If you're pregnant: How likely is it that your fetus will have birth defects if infected?
- When during a woman's pregnancy is the fetus most vulnerable and when can the virus be detected?
- How likely are you to get infected with Zika and pass it on?
- How often does a man spread Zika through sex and how long does the virus stay in semen?
- Which states, with certainty, may be affected by Zika?

For updated information about areas with Zika, go to www.cdc.gov/zika/geo/index.html



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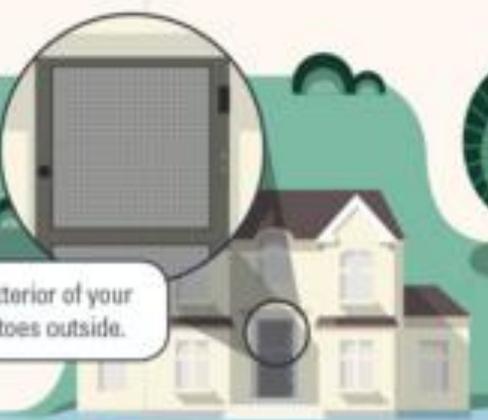
Mosquito prevention starts with you.



Eliminate standing water inside and outside your home.



Wear long-sleeved shirts and pants and treat clothing with permethrin.



Use screens on the exterior of your home to keep mosquitoes outside.



Repair and seal your septic system.



Use an EPA-registered insect repellent.
www.epa.gov/insect-repellents



Work together to eliminate standing water and reduce mosquito populations.

Protect yourself, your family, and your community, which will...protect her pregnancy.

ZIKA HEALTH ADVISORY



Pregnant?

Zika is linked to birth defects.

Going to or coming from areas with Zika?



Protect yourself during pregnancy:



- **Don't let mosquitoes bite you.**
- **Talk to your doctor about the risk to your pregnancy.**

Where is Zika? Find out at www.cdc.gov/travel.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

Zika Virus Prevention

Avoid Mosquito Bites:

- Wear Protective Clothing: long sleeves, long pants and socks and use Insect Repellent underneath clothes. For additional protection, clothes may be treated with Premethrin.
- Use EPA Registered Insect Repellent according to label instructions for 3 weeks after you return from a Zika Virus infected region.
- Mosquito Proof Your Home with screens on doors and windows, use air conditioning when available, and sleep under a mosquito net.

Zika Virus Prevention

- Seek Immediate Medical Attention if you are Pregnant and exposed to a Zika infected region or Pregnant and exposed to a sexual male partner who has Zika virus or has been in a Zika infected region.
 - Any Person Returning from a Zika infected region and feeling ill should contact their medical provider
 - Considering Pregnancy? Talk to your health care provider if you are traveling to or returning from a Zika infected region.
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- For additional information on Zika Virus Travel Alerts, visit the CDC at www.cdc.gov/travel



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