

Health Partners Named “Best Places to Work in Kentucky”

CHI Saint Joseph Health Partners has been named to the “Best Places to Work in Kentucky” list this year. This was the first time Health Partners applied for the award and was recognized as the sixth best small business out of the 40 recognized winners from across the state.



“CHI Saint Joseph Health Partners takes a collaborative approach while working to be an extension of the provider office for the patients we serve,” said Dorothy Lockhart, market vice president, CHI Saint Joseph Health Partners. “We are committed to providing the best possible care information to our patients and creating an excellent workplace for our employees. We are thrilled to be recognized as a top employer in Kentucky.”

Thank you to our team for making Health Partners a great place to work and serve those in our ministry. CHI Saint Joseph Health Partners was recognized at the Best Places to Work in Kentucky Awards Dinner held June 9 at Central Bank Center. For more details about Best Places to Work in Kentucky, visit bestplacestoworkky.com.



Meds-to-Beds Helps 1,200 Patients in 2021

Meds-to-Beds rolled out to all departments at Saint Joseph Hospital in 2021 thanks to the partnership between CHI Saint Joseph Health Partners and the Community Pharmacy at Saint Joseph Hospital that began in November 2020. The program began as a pilot in 2020 and referred more than 1,200 patients in 2021.



Meds-to-Beds provides free medication delivery to a patient’s bedside before discharge, eliminating the need for the patient to wait at the pharmacy for discharge medication after leaving the hospital. Meds-to-Beds reduces readmission rates and increases medication adherence by making sure patients have their medications in hand when they are discharged. The program also works with case management to help eligible patients with financial

hardships obtain medications through the patient-assistance program.

Meds-to-Beds offers a wide range of unique and broad inventory of medications and works with physicians to coordinate formulary substitutions. For questions about Meds-to-Beds, reach out to Emily Cox, PharmD, RPh, clinical pharmacist, at Emily.Cox@chisaintjosephhealth.org.

New Medical Plan Core Assessments Established for Employees, Providers

Employees and dependents enrolled in the CHI Saint Joseph Health Medical Plan have four core assessments to discuss with their providers:

- Preventive exam (annual wellness visit or gynecological exam) for all participants.
- Hemoglobin A1c check for participants with diabetes.

- Blood pressure control for participants with hypertension.
- Depression screening using the PHQ9 tool for all participants.

Preventive Exams

Personal health plans should start with a preventive annual wellness visit. Patients should schedule this visit in their birth month, and remember to schedule next year's visit as they leave this year's appointment. Only an annual wellness visit satisfies the quality measure, as of January 2022.

Diabetes Treatment

Patients and dependents with diabetes should ask their provider to check their Hemoglobin A1c (HgbA1c) to see how well their diabetes is being managed. A provider-led plan can help patients reduce this number, if indicated, to help prevent further complications of diabetes.

CHI Saint Joseph Health employees and their dependents who have Type 1, Type 2 or gestational diabetes are eligible for the Employee Diabetes Program. Active participants receive their diabetic testing supplies and medications at no out-of-pocket cost. Online enrollment is available at chisaintjosephhealthpartners.org/for-patients/commonspirit-health-employees-dependents-medical-plans/

Hypertension

Employees and dependents with hypertension need a blood pressure screening at least annually. If blood pressure is elevated, the provider will work with the patient on a plan to decrease it. This will lower the risk for other health complications.



Depression Screening

All participants should receive an annual depression screening. The PHQ9 tool was developed to apply to all age ranges. For those patients with, or at risk of, depression, providers should work with the patient on a follow-up plan, which could include medication or a referral to appropriate therapy services.

Access additional motivation and great incentives by participating in the new MyWellness program. For details about the MyWellness program, visit MyBenefits on EmployeeCentral at home.commonspirit.org/employeecentral/mybenefits, or call the EmployeeCentral Contact Center at 855.475.4747.

Transitions of Care Readmission Rates Continue to Decline

Since implementing the Transitions of Care (TOC) program across CHI Saint Joseph Health facilities, readmission rates have fallen from nearly 34% to 15.64%. The program followed 1,442 patients in 2021 with a total of 2,300 patients served since 2019.

TOC was developed to follow up with patients at a higher risk of readmission. The program provides 30 days of follow-up care from the Health Partners team. Patients with a specific calculated risk score and a diagnosis of pneumonia, congestive heart failure, COPD, total joint replacement and sepsis are enrolled.

CHI Saint Joseph Health Partners is currently working with the market director of Clinical Analytics to ensure that the TOC program is optimizing outcomes by reviewing the top TOC readmission diagnoses and potentially preventable readmissions. The goal is to be proactive in addressing these diagnoses. Health Partners is collaborating with Saint Joseph East leadership on how Health Partners can support the Sepsis recertification with The Joint Commission through the TOC program.

For more information about TOC, contact Pam Thompson, market director, Care Management, CHI Saint Joseph Health Partners, at 859.313.4312 or Pamela.Thompson@chisaintjosephhealth.org

UK HealthCare Added to Enhanced Network for CHI Saint Joseph Health Medical Plan

With the rollout of the updated network for this year's CHI Saint Joseph Health Medical Plan, some significant changes to the Enhanced Network should be highlighted. Along with all CHI Saint Joseph Health employed and independent providers and facilities, UK HealthCare providers and facilities also are part of the Enhanced Network. The addition of UK HealthCare to the Enhanced Network offers our participants a wider range of specialties and services, such as pediatric specialists, while receiving the Enhanced Network coverage benefits.

CHI Saint Joseph Health Medical Plan participants are encouraged to remain within the Enhanced Network to

minimize out-of-pocket costs for their health care needs. Those on either health plan should be aware that out-of-network providers, such as Baptist Health, are subject to a \$6,000 deductible for all services, including office visits.

To see which providers are covered within the Enhanced Network, use the Provider Finder tool at

• **Enhanced Network (CIN)**

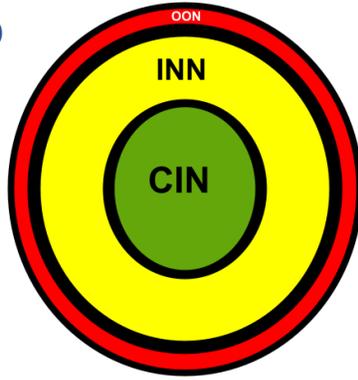
- Employed and Independent providers
- All CHI facilities

• **In-Network (INN)**

- Anthem credentialed providers not contracted with Saint Joseph Health Partners (Anthem wrap)

• **Out of Network (OON)**

- Baptist Health
- Providers NOT credentialed with Anthem



high-risk, complex care. HealthComp, the nation’s leading independent benefits administrator, will administer the program.

For more information about the CHI Saint Joseph Health Partners and its Premier Program, visit chisaintjosephhealthpartners.org.



CHISaintJosephHealthPartners.org > Find a Provider > Search Provider Directory or scan the QR code with the camera on your mobile device.

For more information about the CHI Saint Joseph Health Partners network development, contact Shannon Nally, MSW, manager, Network Development, at Shannon.Nally@chisaintjosephhealth.org.

Health Partners Launches Premier Program for Kentucky Employers

CHI Saint Joseph Health Partners has launched a health benefits program to expand choice for employers across Kentucky. The Premier Program is designed as a new way of delivering quality, compassionate care through a network of top-rated physicians and hospitals.

Through care coordination, employers are provided with competitive health plan options that are focused on delivering high quality, affordable health services. The program is unique in design by helping to empower local employers with customized control and administrative efficiencies. Care coordination aims to improve population health and lower employer health plan costs.

The program leverages the CHI Saint Joseph Health Partners and Anthem’s Blue Access PPO networks of providers to focus on all phases of member health, ranging from wellness to