

# Measure: Statin Use for Patients with Diabetes or Cardiovascular Disease

Statin Therapy

	Diabetes	Cardiovascular Disease
Population & Measurement Range	Patients 40-75 with Type I or II Diabetes dispensed at least 2 diabetic medications fills of any intensity during the measurement year and were dispensed a statin medication fill during the measurement year.	Males 21-75 and Females 40-75 during the measurement year who have been identified as having clinical atherosclerotic cardiovascular disease and have been dispensed at least one high or moderate intensity statin medication during the measurement year.
Exclusions	Documentation of: ESRD, hospice, rhabdomyolysis, myopathy, pregnancy, lactation and fertility, cirrhosis, pre-diabetes, polycystic ovary syndrome.	<b>Annual</b> documentation of: Myalgia, myositis, myopathy, or rhabdomyolysis during measurement period.  Pregnancy, In-vitro fertilization, Clomiphene prescription, ESRD, dialysis, or cirrhosis during current and prior year.  Patients ages 66 and older who are in hospice or enrolled in an Institutional Special Needs Plan (I-SNP) or living in a long term institution, or with frailty and advanced illness in current and prior measurement

**According to the ADA:** “Standards of Medical Care in Diabetes” Statin therapy should be added to lifestyle therapy, regardless of baseline lipid levels, for diabetic patients a) with overt cardiovascular disease and b) without CVD who are over the age of 40 years and have one or more other CVD risk factor. *The Standards of Care recommendations are not intended to preclude clinical judgment and must be applied in the context of excellent clinical care, with adjustments for individual preferences, comorbidities, and other patient factors.*